UCI Center for Emeriti and Retirees

Interdisciplinary ∞ Multicultural ∞ Intergenerational

Connections

Location:

CER= Center for Emeriti & Retirees 111 Theory, Ste. 200 Irvine, CA 92697 Phone: 949-824-7769 Fax: 949-824-7007 New website: http://retirees.uci.edu



RSVP for EACH event at retirees@uci.edu or 949-824-7769

Family & friends welcome!

Information on next page:

- Dates to Save
- New Regents
 Point Discount
- Health Net Seniority Plus News
- New Website has Resources for Volunteering

Upcoming Events



Jan. 27th (Tuesday) - "Ebola, Vaccines, Ethical Issues: Why Knowledge is Critical".

1:00-2:00pm at the University Club Samuel McCulloch Library Room.

Our **2015 Healthy to 100** & **Beyond Series** begins with this lecture! Presented by Professor Brandon Brown, UCI Program in Public Health. **Free parking with RSVP.**

Jan. 28th (Wednesday)—Shady Canyon Trail Hike. Meet 9am @UCl or 9:30am @ trailhead. Perfect for beginners, this hike is 1.5 miles each way for a total of 3 miles. Access Shady Canyon Trail from Turtle Rock Community Park. Park in the parking lot on Sunnyhill near the corner of Shady Canyon and Sunnyhill. Free parking with RSVP. Optional No Host lunch to follow.



Healthy to

and Beyond

Jan. 31st (Saturday) — Kicking off UCI's 50th Anniversary Emeriti & Retirees & Alumni UNITE for the UCI Homecoming Basketball Game at the Bren Center! UCI plays chief rival Santa Barbara in a game that will most likely be for Big West supremacy. Tickets are SOLD OUT! If you have tickets and would like to meet before the game, please email retirees@uci.edu for location.

Feb. 6th (Friday), 2nd Healthy to 100 & Beyond Lecture! Noon to 1:15pm at the University Club Library Room.

Strengthen your body and prevent distressing symptoms with simple yoga and pilates exercises. Taught by Patricia Morita-Nagai, PT, WCS and Winnie Ma, PT, DPT. (Lecture plus participation). Free parking with RSVP.

*Supplies needed: Yoga mat + bath towel OR 2 bath towels and water.



Feb. 11th (Wednesday)—Soup's On! Cooking Class. Learn 4 healthy and tasty soups at the Anteater Recreation Center. 11am to 1pm, INCLUDES lunch as we will eat what we create! \$30 per participant. Register with credit card 8am to 5pm by calling 949-824-3738 or pay via other means at the Anteater Recreation Center front desk, Mon—Fri between 9am and 6pm. Free parking with RSVP.

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SAVE THESE DATES!

April 1st —Guided Tour of the **San Andreas Fault with Geologist, Coach and Lunch!** Fee= \$69. Payment must be made by March 1st to be guaranteed space. Rsvp to retirees@uci.edu or 949-824-7769. **Free parking with RSVP.**

April 18th—Celebrate UCI! The UCI Retirees Association will have a table at this event. Come meet fellow retirees and learn about more 50th Anniversary Events. Free; more details to come!

May 5th— Join us for our 10th Annual Reception Honoring ALL UC Irvine Emeriti & Retirees with a 50th Anniversary Highlight, 3:30pm to 5:30pm. Free parking with RSVP in Student Center parking structure. This keystone event will be held in the Student Center Ballroom.

Chancellor Howard Gillman as keynote speaker.

The Reception will be part of our 50th Anniversary celebration and will recognize our faculty and staff from the 1st ten years! Free parking with RSVP.

Founding faculty/staff, call 949-824-7769 or email retirees@uci.edu for information. We welcome your input.





New Senior Living Opportunity At Regents Point For Members Of The UC Irvine Community!

In coordination with CER, Regents Point is pleased to offer UCI faculty, staff, emeriti and retirees a 50% discount on the entrance fee—the up-front cost to secure residency in the community. The cost savings are significant—anywhere from \$47,500 to \$275,000 on a non-refundable plan and \$76,000 to \$467,500 on a 75% refundable plan, depending on your choice of residence (one-bedroom, two-bedroom or villa). Monthly fees range from \$2,352 to \$4,936. Contact Regents Point Sales Director Noemi Flores at (949) 854-900.

Health Net Seniority Plus: Exciting Change With Our UC Irvine Medical Group Providers!

In prior years Health Net (HN) Seniority Plus was not an option for our Medicare-coordinated retirees who wished to stay with UCI Physicians and Surgeons medical group which did not accept this coverage. In 2015, there is a newly established UC Irvine Health medical group with locations in Tustin and Orange and 13 new primary care physicians (through a separate Memorial Care Medical Group contract). With the addition of a these new providers, retirees with HN Seniority Plus will have full access to UCI specialists under the new UC Irvine e Health medical group.

New Website and New Volunteer Opportunities

Visit our website at: http://retirees.uci.edu