# **UCI** Center for Emeriti and Retirees

**Interdisciplinary** ∞ **Multicultural** ∞ **Intergenerational** 

## CONNECTIONS

**UPCOMING EVENTS / OPPORTUNITIES** 

\*For each event please RSVP to 949-824-7769 or retirees@uci.edu

### Mar 14, Walk—Laguna Niguel Regional Park, 9:30

**a.m.** We will enter Laguna Niguel Regional Park and take a mainly flat 3 mile walk around the lake. The paths will consist of mostly asphalt and a shorter dirt section. This walk is considered "easy". Please bring water and sun protection. For online RSVP, <u>click here</u>.



March 27, Hike—Whiting Ranch Wilderness - Borrego Trailhead to

Vista Lookout (9:00 am at trailhead).



This out and back 5.5 mile trail begins near Foothill Ranch homes and meanders through oak woodland and coastal sage scrub. The Vista Outlook at 1500' has great views after the climb. For directions and online RSVP, click here.

Above Walks & Hikes sponsored by your UCI Retirees Association (RA).

## REGISTER NOW!—May 23, 2017

The 9th Annual UCI Retirees & Friends Golf Tournament (In Memory of Anne Paden)

Register NOW for great rates which include lunch, cart, green fees, gift bag, prizes and after-event Reception. For the form, <u>click here</u>.



We have something for <u>every level</u> of player! Don't miss out on our custom UCI Golf Balls, Markers, Tees, Divot Tool and Golf Towel!

## June 10—11th Be A Part of Making a Difference and Join: The Anti-Cancer Challenge!

Join your UCI Community to RIDE, RUN or VOLUNTEER for a Cancer-Free World: -5K RUN/WALK Sunday, June 11, 9 a.m.

-Children's Ready, Set, Ride June 10, 3 p.m. simple bike course. -10, 30, 60 or 100 Mile Cycle for Cures (start times vary).

**DETAILS: ANTI-CANCERCHALLENGE.ORG** 





**CER**: Center for Emeriti and Retirees

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Website:

retirees.uci.edu
Facebook Page:
www.facebook.com/
UCIrvineRetirees

## **ZOT! NEWS**

Is Someone You know being Honored at the March 30 UCI Lauds and Laurels Event?

#### **NEXT PAGE ITEMS >>**

- Interim Health Care Facilitator
- Upcoming UCIRA Tours-SOLD OUT-

### If you like Facebook...

Visit our Facebook page: www.Facebook.com/
UCIrvineRetirees

#### HAVING TROUBLE WITH HEALTH INSURANCE? PRESCRIPTIONS?

We have an Interim **Health Care Facilitator** on campus available to help you: *Kwame White*, (949) 824-9264, whitek@uci.edu.



Here are a few things to do before contacting him:

- Contact your doctor's office. One of your most important relationships is the one you have with your doctor or other health care professional.
- Contact your medical group. If you are in an HMO such as Kaiser or HealthNet, contact your medical group. Most medical groups have patient assistance departments that can help you find a doctor, resolve billing problems, or obtain referrals for services.
- ◆ Contact your health plan. Your health plan has customer service representatives who can answer your questions regarding the plan's benefits.

If you still need help, contact your Health Care Facilitator.

## **UPCOMING TOURS—Sponsored by UCI RA**

### March 30, 2017, Special VIP Tour of the USS IOWA,

Designated the World's Greatest Naval Ship, the UCS to ra served during WWII and the Korean and Cold Wars. No other battlesh press eer nost to more U.S. Presidents. Tour does NOT include to inspiritation to and rom San Pedro. Carpools are encouraged. We make a are exclusive to the encouraged tour of the ship going to parts other tour do not see. Connect

retirees@uci.edu name in amation. \$13.50 for UCI Retirees Association Members, and \$20 for non-members.





## April 10, 2017: Jet Propulsion Laboratory (JPL) Behind-the-Scenes Tour

An exclusive look at NASA's lead agency foll for other exploration of the solar system. This tour includes transports ion a process and Tour Director and a JPL Docent to lead us in a wided working true Wear comfortable shoes! <a href="Important: Attack of the Important: Attack of the Important of the Important

tour day, provide a government issued PHC TO ID vit the SA 15 ame to JPL Security. Non US citizens must provide proper documentation. UCI Returned As pocurion Members \$59, Non-member: \$74. Bring lunch money for Old Pasadena. Registration and payment is REQUIRED by MARCH 3rd. Please email retirees@uci.edu for the forms.

THE UCI RETIREES ASSOCIATION THANKS YOU FOR REGISTERING!
To receive priority registration, discounted prices, and other benefits,
RENEW or JOIN the UCI RA today:

<u>Membership Form + more info, Click Here</u>

UCI Center for Emeriti and Retirees Website: <a href="retirees.uci.edu">retirees.uci.edu</a>
YES we have a Facebook Page! Having an event with UCI Retirees? Send us your pictures.
<a href="https://www.facebook.com/UC IrvineColleaguesforLife">https://www.facebook.com/UC IrvineColleaguesforLife</a>