UCI Center for Emeriti and Retirees

Interdisciplinary ∞ Multicultural ∞ Intergenerational

CONNECTIONS

UPCOMING EVENTS / OPPORTUNITIES For each event please RSVP to 949-824-7769 or retirees@uci.edu

*Hikes, Walks and Bike Rides sponsored by UCI Retirees Association

September 6 - CCRC Presentation - 10:15 a.m.

Join us for an informative presentation on Continuing Care Retirement Communities (CCRC) by Regents Point. <u>Online RSVP here</u> or by calling 949.824.7769

September 12 - UCI Campus Walk - 9:00 a.m.

Meet in front of the UCI Human Resources building for a 4 mile guided historical walk around campus with Founding Professor Robert Cohen and Founding Student, Lorna Cohen. We will walk to the main campus for the start of the tour. This walk is considered "easy". Please bring water and sun protection. <u>Click here for more info and online RSVP.</u>



September 22 - Hike Buck Gully - 9:00 a.m.

Located in Newport Beach near the Oasis Senior Center, the hidden gem of the Buck Gully Reserve is a 300 acre natural, coastal canyon. The canyon floor has been restored to native habitat for plants and animals. The canyon rim has expansive views of the coast and, on clear days, Santa Catalina. Our lollipop-shaped route is approximately 4.5 miles with 500 feet of elevation gain. <u>Click here for more info and online RSVP.</u>

VOLUNTEER OPPORTUNITIES!

On Friday, **Sept. 22**, Saturday, **Sept. 23**, and Sunday, **Sept. 24**, *UCI Student Housing* will be moving in ~4,700 new first-year students. We would love to have your help to greet students and parents, give directions, and assist with move in tasks. No pay but we can give a really cool T Shirt, all the water you can drink, and the fun and excitement of helping new residents!!!!

We have two first year communities that need help: *Mesa Court and Middle Earth*. You can volunteer in one or the other or both!

Please fill out the form below and join us in welcoming our new Anteaters!!!!

Mesa Court: https://tinyurl.com/mesacourt-movein

Middle Earth: https://tinyurl.com/middleearth-movein

Other Opportunities to Help such as helping host a <u>dinner for students</u> and passing out UCI Sweatshirts to incoming freshman are found at UCIAA's website <u>HERE</u>!

SEPTEMBER 2017



CER: Center for Emeriti and Retirees

Jeri I. Frederick, Director Newkirk Alumni Center 450 Alumni Ct, 2nd Floor Irvine, CA 92697 CER Phone: (949) 824-7769 CER Fax: (949) 824-7383

Website: <u>retirees.uci.edu</u> Facebook Page: <u>www.facebook.com/</u> <u>UCIrvineRetirees</u>

ZOT! NEWS

UCI-led study shows low-calorie diet may help keep body young

NEXT PAGE ITEMS >>

- Retiree Health Plan Questions Answered
- Annual GALA Reception
- Battleship Iowa Special VIP Tour
- Segerstrom Tour— FREE

If you like Facebook... Visit our Facebook page: <u>www.Facebook.com/</u> UCIrvineRetirees



Did you have a UC Health Plan question? You may now make an appointment with UCI's Health Care Facilitator (Kwame White) at our office in the *Newkirk Alumni Center* on **September 18** or **September 27** by <u>clicking here</u>.



UCI Center for Emeriti and Retirees

Honoring all UCI Emeriti and Retirees

ANNUAL RECEPTION

Your Invitation is In the Mail!



Uniting Voices performing!

You contributed to UCI's phenomenal development, both at the Irvine campus and at the Medical Center. SAVE The Date on **Oct. 11**th to celebrate your hard work and commitment at our **free** Annual GALA Reception to chat, enjoy food, entertainment from talented UCI students, and hear a brief update on the state of our campuses. This year **Chancellor Gillman** will be our speaker.

Complimentary Parking and Opportunity Drawing with RSVP by Oct. 5th

Click here to RSVP online or call 949.824.7769.

October 19 — Battleship Iowa VIP Tour - Sponsored by UCIRA Registration is still open for this VIP Tour of the Battleship Iowa Museum! This tour is BACK by popular demand and now includes Deluxe Motorcoach transportation to and from the tour. You can find more information on the payment registration form and flyer. Click here for registration form. (Register by October 12, 2017)



October 24 — Segerstrom Hall Group Tour - Sponsored by UCIRA



You are invited to a **free tour** of Orange County's award-winning home of the performing arts. See the *Segerstrom Center* in a whole new light, from the magnificent lobby to the grand stage. You will also visit back stage, rarely seen rooms and the dressing room areas. This tour is open to friends and family. Photography is welcomed, so remember to bring a camera.

Date: October 24, 2017
Time: 10:00am to approximately 11:30am
Meet: At the box office area on the ground floor in front of Segerstrom Hall
Address: 600 Town Center Drive, Costa Mesa, CA 92626
Parking: Available in the parking structure to the north of the theater for an hourly fee. Free parking is available at South Coast Plaza, but requires a modest walk to the theater.



Reservations must be made no later than October 10, 2017. Click here for online reservation.