

# UCI Center for Emeriti and Retirees

Interdisciplinary ∞ Multicultural ∞ Intergenerational

## CONNECTIONS

### UPCOMING EVENTS / OPPORTUNITIES

For each event please online RSVP or to 949-824-7769 / [retirees@uci.edu](mailto:retirees@uci.edu)

*\*Hikes, Walks and Bike Rides sponsored by UCI Retirees Association*

#### December 1 HIKE - Chino Hills State Park - 9:00 a.m. at trailhead

This 8 mile hike returns to Telegraph Canyon trail for winter vistas on the south rim of the Park. The trail passes groves of sycamores and oaks as it parallels the stream.

[More info and Online RSVP here](#) or by calling 949.824.7769



#### December 6 WALK - Strand Vista Park to Dana Pt. Harbor - 9:30 a.m. at trailhead

This walk has two options/sections. Section 1 is considered "moderate." Section 2 is considered "easy."

[More info and Online RSVP here](#) or by calling 949.824.7769

#### December 6 TOUR - Heritage Hill Park - 12:30\* p.m.

Join us for a casual BYO brown bag lunch, followed by a Docent-lead tour of the *Heritage Hill Historic Park* in Lake Forest. See buildings spanning the Mexican Rancho era through the early days of El Toro. Tour begins at 1:30; **\$3/ person payable on site**. \*Arrive at 12:30 for lunch and some socializing, arrive at 1:15 for check-in if only attending the tour.

[More Info and online RSVP here](#) or by calling 949.824.7769



#### December 11 EVENT - Stem Cell Center Seminar - 7:00 p.m. - 8:00 p.m.

Your UCI Emeriti Association would like you to know about a special seminar\*, "*Stories of Science, Stem Cells and Freedom*" presented by **Elena Cattaneo**, OMRI, PhD, Professor, Department of Biosciences, University of Milan. Irvine Barclay Theatre. Registration is free but required: <http://goo.gl/TyGPPp> or 949-824-2911.

\*Sponsored by the Edward A. Dickson Emeritus Professorship Endowment



#### December 19 WALK - Balboa Lights Walk - 6:15 p.m.

Back by popular demand, join us for a spirited walking tour of the colorful lights of Balboa Island homes with a stop for hot chocolate, coffee, tea, etc. Meet at the *Bayside Shopping Center* parking lot in front of the Union Bank building. Parking is free after 5 p.m.

[More Info and online RSVP here](#) or by calling 949.824.7769



#### January 9 WALK - Jeffrey Open Space Trail - 9:30 a.m.

We will cross Jeffrey and enter the trail for a 4.2 mile out and back walk on a paved trail. The trail is lined with markers chronicling the history of the development of the city of Irvine. This walk is considered "easy". Please bring water and sun protection.

[More Info and online RSVP here](#) or by calling 949.824.7769



**December 2017**



#### **CER:** Center for Emeriti and Retirees

Jeri I. Frederick, Director  
Newkirk Alumni Center  
450 Alumni Ct, 2nd Floor  
Irvine, CA 92697

CER Phone: (949) 824-7769

CER Fax: (949) 824-7383

#### **Website:**

[retirees.uci.edu](http://retirees.uci.edu)

**Facebook Page:**

[www.facebook.com/](https://www.facebook.com/UCIrvineRetirees)

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## ZOT! NEWS

[UCI receives unparalleled California modern art trove](#)

### NEXT PAGE ITEMS >>

- ◆ Anteaters Against Alzheimer's
- ◆ Art of Tai Chi—Free Workshop
- ◆ Body Worlds Tour
- ◆ MORE 2018 Save the Dates
- ◆ HOSTS Needed: Dinners with Anteaters (students)

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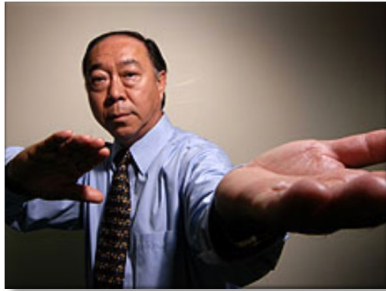
[www.Facebook.com/UCIrvineRetirees](https://www.Facebook.com/UCIrvineRetirees)



## ANTEATERS AGAINST ALZHEIMER'S

Here is a unique opportunity for the full community of Anteaters to join together and harness our power to stop the Alzheimer's crisis. The Anteaters Against Alzheimer's Movement is designed to provide direct support to **UCI MIND's** continued march toward a cure for Alzheimer's.

[Click here to join and for more information.](#)



Presented by Dr. Shin Lin, a world-renowned Tai Chi expert

### ***The Science and Art of Tai Chi - Medicine in Motion***

**January 10 TAI CHI Workshop— 10 a.m. @ The Newkirk Alumni Center**  
The Center for Emeriti and Retirees is proud to partner with the *Susan Samueli Center for Integrative Medicine* to host a **FREE** workshop at the Newkirk Alumni Center. Hear the latest research on how **Tai Chi** can **increase** body flexibility and balance, **strengthen** both slow and fast muscle fibers, **relieve** stress, **boost** immune response, and **many more benefits!** The lecture will be followed by a **hands-on learning session** illustrating the essential principles. The presenter **Dr. Shin Lin** is emeritus professor in Biological Sciences and founding director of the *Laboratory for Mind-Body Signaling and Energy* at UCI.

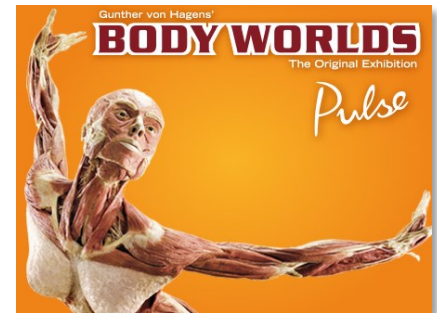
[More info and Online RSVP here](#) or by calling 949.824.7769



### **January 30 — Body Worlds Tour - Coordinated by UCIRA**

The *UCI Retirees Association* invites you to an exciting tour at the California Science Center and the *Body Worlds "Pulse"* exhibit.

[Download registration form here.](#)



**Date and Time:** Tuesday, January 30, 2018 (9:00 a.m. – 4:30 p.m.)

**Cost:** \$64 for UCIRA members; \$74 for non-members

**Lunch:** On your own at the Science Center's *Café Trimana*

**Deadline to RSVP:** Friday, January 19. Registration/payment form ONLY.

**Payment due:** Friday, January 19. Make checks payable to **UC Regents**

**Refunds:** No refunds after January 19

**Transportation:** INCLUDES Deluxe motor coach (**NO DRIVING to LA!!**)

**Parking:** Complimentary parking at *University Research Park* lot, the departure location of the coach.

## **MORE 2018 SAVE THE DATES**



### **January 15 - MLK Day of Service**

OC Food Bank (10:45 a.m. – 12:45 p.m.)

*Limited space available*

*RSVP coming soon*



### **March 3 - Art in the Park at UCI**

**Homecoming** - Exhibition for YOUR

Artwork/Craftwork/Publications

(includes fabrics, wood, leathers, metals, ceramics, glass, stone, etc.)



### **May 16 - UCI Retiree and Friends Golf Tournament**



## ***Dinners with Anteaters***

**HOST a Meal for Young Students!**

**February 24, 2018 & May 19, 2018**

Your **UCI Center for Emeriti and Retirees—CER-** is partnering with the **Alumni Association** on this outreach. As an Emeritus/a or retiree, you have the unique opportunity to host students for a meal in your home or restaurant of choice.

Co-hosting with Anteater friends is welcomed as well! Don't miss out on this chance to engage with current students and share your UCI experience.

[Learn More >>](#)