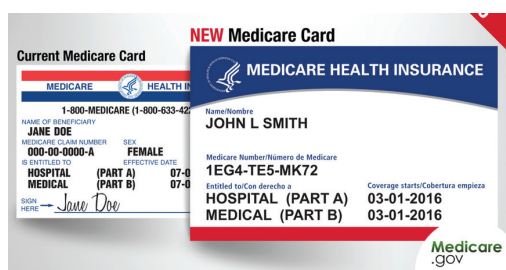


CONNECTIONS NEWSLETTER

Interdisciplinary / Multicultural / Intergenerational

EVENTS & OPPORTUNITIES

Medicare 101 Workshop - June 6



Time: 10:00 a.m. – 12:00 noon
Location: The Newkirk Alumni Center
 450 Alumni Ct. Irvine, CA 92697
Parking: Complimentary parking w/ RSVP
 (online RSVP click here)

If you are turning 65 in the next calendar year, it is time to start planning! This workshop will explain the basics of Medicare to help ensure that you **enroll properly, avoid Medicare premium penalties and understand how Medicare works with your UC-sponsored medical plan.** Don't miss out on this informative presentation as well as a few door prizes that will be provided by representatives from Kaiser Permanente.

UCI Center for Emeriti & Retirees

Jeri Frederick - Director
 Emil Nguyen - Operations/Programs

CER Office Volunteers:

Siddiqua Hirst Katie Matsui
 Glen Gilbert Susan Schober

Jill Halvaks - UCIRA President
 Jim Danziger - UCIEA President

Keep on Reading:

- ▶ **Hikes, Walks, Bike Rides**
 Keep movin' this Summer!
- ▶ **Volunteer for UCI's 53rd Commencement Ceremony!**
 A great way to engage with UCI on students' most important day
- ▶ **Retiree Highlight**
 Featuring Dr. Chang Sok Suh
- ▶ **Tickets Available!**
 For the New Swan Theatre -
 A Midsummer Night's Dream



UCIEA Annual Meeting featuring
 Dean Song Richardson - June 21

Come join the UCI Emeriti Association as they present the Outstanding Emeritus/a of the Year Award and hear from Dean Song Richardson of the UCI Law School. All retirees and guests are invited.

Time: 11:00 a.m. - 12:30 p.m.
Location: The Newkirk Alumni Center
 450 Alumni Ct. Irvine, CA 92697
Parking: Complimentary parking w/ RSVP
 (online RSVP click here)

GET CONNECTED on
FACEBOOK:

<https://www.facebook.com/groups/UCIretirees/>

JUNE 2018

HIKES / WALKS / BIKE RIDES

June 1 - 9:00 a.m.

HIKE- Riley Park Loop

More Info and online RSVP <https://goo.gl/LLr7Wb>



June 11 - 9:30 a.m.

WALK - San Diego Creek

More Info and online RSVP <https://goo.gl/KftfsD>



June 20 - 9:00 a.m.

BIKE RIDE - San Gabriel River

GREAT for beginners!

More Info and online RSVP <https://goo.gl/JN86hK>



VOLUNTEER OPPORTUNITY



Call for Commencement Volunteers!
Friday thru Sunday - June 15, 16, & 17

UCI is looking for volunteers to join UCI Anteaters for one of the happiest and most exciting events of the year: Commencement Ceremonies. Positions include graduate check-in & lineup, information booth staffing, and assisting graduates during the ceremony.

Time commitment is approximately 1.5- 2 hours per shift.

More Info and Registration

<http://commencement.uci.edu/zotmails/volunteers.html>

UCI RETIREE HIGHLIGHT:



Chang Sok Suh, MD, OMD, PhD, is Professor of Anatomy, Yulin University, a volunteer at the Willard Body Program at the UC Irvine College of Medicine and was also a recipient of the honorable President's Lifetime Achievement Award from President Barack Obama in 2014. His publication, *Acupuncture Anatomy: Regional Micro-Anatomy and Systemic Acupuncture Networks*, integrates Western and Eastern medicine, providing a scientific foundation for acupuncture. By correlating detailed anatomical information with specific acupuncture points, the book opens a window to understanding the physiological basis of acupuncture medicine. The book's bulleted format and numerous illustrations make it easy to read and understand. It is a valuable companion for those wanting to bridge the gap between Eastern and Western medicine as it relates to acupuncture.

His most recent research and teaching was with the Department of Anatomy and Neurobiology at UC Irvine where he served as speaker and coordinator for the "Introduction to Oriental Medicine" for first-year medical students sponsored by the **Susan Samueli Center for Integrative Medicine**.

He is a volunteer at the **UCI Willard Body Program** and occasionally teaches acupuncture anatomy classes to licensed California acupuncturists. His book has been strongly recommended for the college and university level student and for all hospital and clinical personnel.

HAVE A STORY?

Let us know what YOU have been doing in retirement to be featured in the next Newsletter and website ([click here for link](#))! Email us at retirees@uci.edu

COMING UP THIS SUMMER:



TICKETS AVAILABLE - Sunday, August 26 New Swan Theatre

You are invited to attend an evening under the stars hosted by UCI Retirees Association.

A Midsummer Night's Dream

Presented by the acclaimed UCI New Swan Shakespeare Festival in a beautiful, intimate outdoor theatre.

**Sunday, August 26
8:00 p.m.**

Register by check/mail: <https://goo.gl/BxNGsY>

Cost: \$25.50 per ticket. Limited to two tickets per person. **ONLY 20 TICKETS AVAILABLE.**

Payment: Before August 17, please download the registration form (link above) and send it with a check payable to “**UC Regents.**” The mailing address is on the form.

Send your payment early. We expect our block of seats to sell out.

Tickets: We will distribute tickets at the event.

Seating: We reserved seats in “The Heavens.” As indicated by the name, climbing a few steps is required to reach the seats. If you cannot use stairs, please let us know right away so we can find alternate seating.

Parking: Parking is complimentary for UCI Retirees Association and UCI Emeriti Association members – give your name at the kiosk. The cost is \$10 per car for all others. Parking is located at the Student Center Parking Structure. Map link here: <https://goo.gl/qHwupA>. There will be shuttles from the parking structure to the outdoor theatre.

Location: Gateway Plaza, between Langson Library and Gateway Commons, overlooking Aldrich Park.

Attire: The venue is outdoors, so if the weather is cool, a warm wrap or jacket is recommended.