

CONNECTIONS NEWSLETTER

Interdisciplinary / Multicultural / Multigenerational

BEGIN 2022 HELPING OTHERS

Join the UCI retirees and support the **Second Harvest Food Bank!** **January 13, 2022, 8:30-11:30AM** (3 hours) in the Distribution Center. Volunteers at the Distribution Center process nutritious produce to send out to our community! Participants help by sorting and packing a variety of fruits and vegetables.

Please register by **Thursday, 1/6** using this link:
<http://halvaks.feedoc.volunteerhub.com>



**Please note: all volunteers at this time are required to be fully vaccinated for COVID-19, or provide proof of a negative COVID-19 test taken within 72 hours prior to the start of the shift.

2022 Retirement Benefit Direct Deposit Dates

The mailing date for paper checks and direct deposit statements is the same date as the payment date. Please check website for the full list:
<https://ucnet.universityofcalifornia.edu/retirees/retirement-benefit-direct-deposit-dates.html>

Benefit Payment Month	Direct Deposit/Mailing/Check Date
December 2021	Jan. 3, 2022
January 2022	Feb. 1, 2022

JANUARY 2022 HIKES WALKS BIKE RIDES



January 7 - 9:00 a.m. - Hike - Peters Canyon

More Info and RSVP: <https://bit.ly/3pLQ3t7>



January 19 - 9:00 a.m. - Bike Ride - Back Bay Loop

More Info and RSVP: <https://bit.ly/3sUz0vW>



January 25 - 9:30 a.m. - Walk - Aliso Creek Trail

More Info and RSVP: <https://bit.ly/3338KQk>

*These outdoor activities are led by UCI Retirees Association members.

UCI Center for
Emeriti & Retirees

Phone Number: 949.824.7769

Email: retirees@uci.edu

Jeri I. Frederick - Director
Emil Nguyen - Operations/Programs

CER Volunteers:

Glen Gilbert

Katie Matsui Susan Schober

Jill Halvaks - UCIRA President
George E. Miller - UCIEA President

Keep on Reading:

- ▶ **February Hikes (New!)**
Join UCI Retirees as you hike from Mountain to Sea along this 5 part hike
- ▶ **February Cooking Class**
Super Simple Suppers - enjoy a FREE online cooking class

GET CONNECTED on
FACEBOOK:

<https://www.facebook.com/groups/UCIretirees/>

FEBRUARY 2022

HIKES WALKS BIKE RIDES

IN-PERSON EVENTS



February 4 - 9:00 a.m. Hike - Riley Park

Riley Park is a wonderful 550 acre home to old groves of western sycamore and coast live oaks, along with fields of coastal sage scrub and grasslands. It is inhabited by mule deer, coyotes, and other native denizens of the area. **More Info and RSVP TBA**



February 8 - 9:00 a.m. Hike - Section 1/5 Mountain to Sea Trail

We are leading a special Section Hike of the Mountain to Sea Trail. This trail extends from Weir Canyon in the Irvine Regional Park to the Muth Interpretative Center in Newport Bay. Each section will be approximately 5-6 miles.



February 16 - 9:30 a.m. Walk - Jeffrey Open Space Trail

The trail is lined with markers chronicling the history of the development of the city of Irvine. Free parking in front of Starbucks located at 14061 Jeffrey, Irvine. This walk is considered "easy". **More Info and RSVP TBA**



February 23 - 9:00 a.m. Hike - Section 2/5 Mountain to Sea Trail

We are leading a special Section Hike of the Mountain to Sea Trail. This trail extends from Weir Canyon in the Irvine Regional Park to the Muth Interpretative Center in Newport Bay. Each section will be approximately 5-6 miles.

MORE UPCOMING ONLINE EVENTS



FREE UCI RETIREES COOKING CLASS "SIMPLE SUPPERS"

February 24
2:00 p.m.
via Zoom

Cook along with Chef Jessica VanRoo, UCI's Director of Culinary Education, (or just watch) as she prepares a super simple meal! Registration and menu will be announced in the next newsletter.