

CONNECTIONS NEWSLETTER

Interdisciplinary / Multicultural / Multigenerational

FREE EVENT!



New UCI Retirees Social

Event co-sponsored by the UCI Retirees Association

Wednesday, September 7

2:00 p.m. - 4:00 p.m.

The Pub - UCI Student Center

ALL RETIREES INVITED - New Retirees Social!

Help welcome new retirees to their new normal. Enjoy **hosted appetizers** & non-alcoholic drinks at the Anthill (UCI) Pub. Beer and wine also available.

RSVP by September 2

RSVP Online Here:

<https://bit.ly/3JaFLLk>

UCI Center for
Emeriti & Retirees

Phone Number: 949.824.7769

Email: retirees@uci.edu

Jeri I. Frederick - *Director*

Emil Nguyen - *Operations/Programs*

CER Volunteers:

Glen Gilbert

Katie Matsui

Susan Schober

Jill Halvaks - *UCIRA President*

George E. Miller - *UCIEA President*

FREE ZOOM WEBINAR



Gavin Herbert Eye Institute
2022 Community Lecture Series

Tuesday, September 13, 2022 - 7 p.m. PT

EYES AND SLEEP

1) Dry eye and other related issues

Presented via Zoom by Dr. Olivia L. Lee, MD

2) Focusing on sleep apnea and its treatment

Presented via Zoom by Kevin Im, MD

3) Sleep apnea, saggy eyelids and anterior ischemic optic neuropathy

Presented via Zoom by Lilangi S. Ediriwickrema, MD

Click here to register online: <http://www.eye.uci.edu/lectureRSVP.html>

Keep on Reading:

- ▶ **September HWBR**
Join us for these Summer outdoor events!
- ▶ **Anti-Cancer Challenge & MS Ride Teams**
Support our two teams for these great causes
- ▶ **Annual Reception**
Honoring UCI Retirees & Emeriti
- ▶ **UCI Retiree Golf event**
Enjoy a day at the Arroyo Trabuco Golf Club
- ▶ **Walking Tour**
Visit the historic Los Rios area in San Juan Capistrano

**GET CONNECTED on
FACEBOOK:**

<https://www.facebook.com/groups/UCIretirees/>

SEPTEMBER 2022

HIKES WALKS BIKE RIDES

OUTDOOR WELLNESS EVENTS

Beginner, Intermediate and Advanced are ALL welcome!

These events are sponsored by UCI Retirees Association members



September 13 - 9:30 a.m. Walk - UCI Campus Walk

Meet in front of the UCI Human Resources building for a 4-mile walk around the campus. This is considered an "easy" walk. **More Info and RSVP:** <https://bit.ly/3QaHGBY>



September 24 - 8:30 a.m. Walk/Run + Ride - ACC/MS Training

We will have a 3-4 mile walk/run around Aldrich Park at UCI and a 20 mile bike ride along the San Diego Creek Trail. **More Info and RSVP:** <https://bit.ly/3RjvAa7>



September 29 - 9:00 a.m. Bike Ride - San Juan Creek Trail

We will bike along the San Juan Creek Trail to Sendero Field Park for a 16 mile round trip bike ride. **More Info and RSVP:** <https://bit.ly/3KClk90>

UCI RETIREES AND EMERITI HELPING OTHERS!

Join us as we **walk, run, bike** and **donate** to research to **fight** Cancer + Multiple Sclerosis and services to help those already afflicted.



Oct. 8 - UCI Retirees & Friends Anti-Cancer Team

- Event starts in Aldrich Park at the UC Irvine campus with food + games
- COOL Shirts/Jerseys for those who raise at least \$50 (see left)

<https://anti-cancerchallenge.rallybound.org/campaign/Team/View/159376/UCI-Retirees-Friends>

Oct. 15 & 16 - Multiple Sclerosis Ride for a Cure Team

- Various routes from Irvine to San Diego
- Great meals and bands!

<https://mssociety.donordrive.com/index.cfm?fuseaction=donorDrive.team&teamID=23699>

Raise \$50 for either team and receive this shirt/jersey!

Additional Training Days!

Saturdays: September 3, 10, and 17 at 8:30 a.m. Walk/Run + Ride
Shorter and longer distances for ALL skill levels.

Meet at 111 Theory, Irvine, CA

More Info and RSVP: <https://bit.ly/3wGQfgw>

JOIN THE FIGHT AGAINST CANCER

SAT, OCT 8, 2022

MORE IN-PERSON EVENTS!



We are reserving the beautiful **outdoor** lawn area at the Beckman Center. Appetizers/refreshments will be provided. **Chancellor Gillman** will be our keynote speaker. Expect a mailed invitation in September or you can RSVP early now!

Click here to RSVP: <https://bit.ly/CER2022reception>



UCI RETIREE GOLF OUTING – NOVEMBER 1st



UCI Retirees + friends enjoying a day at the Arroyo Trabuco Golf Club

Enjoy a day on the links with other UCI retirees on Tuesday, November 1 at **Arroyo Trabuco Golf Club** in Mission Viejo. Four tee times have been reserved beginning at 10:00 a.m. at a special rate of **\$75 per player** including 18-hole green fees and a shared cart. Prepaid registration is now open at the link below. Registration closes on **October 17** or when all **16 spots** have been sold.

When registering golfers may identify other players they wish to play with in a foursome. Tee times will be provided to each foursome two days prior to the event.

Register Online Here!

<https://bit.ly/3pRDVpJ>

SAVE THE DATE

Tour the historic Los Rios area, San Juan Capistrano

When: November 10, 2022

Time: 10:00 a.m.

Cost: \$5.00 donation



Join us and take a stroll down Los Rios, the oldest residential Street in California. Then visit the San Juan Capistrano Historical Society's grounds which include the O'Neill Museum, Leck House, Silvia's Adobe, and the jail. Learn about the colorful history of these houses and the people who lived in them. This walking tour will be led by a member of the SJC Historical Society.

LIFELONG LEARNING DISCOUNT!

A wave of endless possibilities

The **Osher Lifelong Learning Institute (OLLI)** at UCI is pleased to offer a special introductory membership to you! The special reduced rate is **20% off** the regular annual fee of \$235 (**\$188**) for Fall '22 and Spring '23

To qualify for this membership, you need to be a retired UCI employee (professor, doctor, staff, etc.), and not an OLLI member in Spring 2022.

Click here <https://ce.uci.edu/olli/> to see the current Fall course schedule.



of University of California, Irvine

UCI

Division of
Continuing Education



Center for
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Newkirk Alumni Center, 450 Alumni Ct., 2nd Floor, Irvine, CA 92697
Phone: 949-824-7769 Fax: 949-824-7383 retirees@uci.edu <http://retirees.uci.edu>