## CONNECTIONS NEWSLETTER

Interdisciplinary / Multicultural / Multigenerational

### EMAIL QUESTIONS/ANSWERS FROM EMIL

Dear UCI Retirees and Emeriti.

You can keep your UCI email! This means you will need to retain the UCInetID that also qualifies you for the UCI Retiree/Emeritus ID Card. It can be confusing, so let me clarify a few things:

- 1) The **UCInetID** is your "username" and precedes the @uci.edu of your **email** (if you have a nickname or vanity email the UCInetID@uci.edu will also deliver to the same place). For example, my UCInetID is ehnguyen and both <code>ehnguyen@uci.edu</code> and <code>emil.n@uci.edu</code> deliver to the same place.
- 2) Beginning in 2023, the UCInetID as a retiree is a requirement to obtain your **UCI Retiree ID Card**. The Hill UCI Bookstore issues these ID cards and will verify your retiree status in the UCI Directory.
- 3) The **UCInetID** is also the gateway to perks like *Zoom*, the UCI Libraries, and other online portals that require UCInetID authentication.

If you haven't done so already, you can apply for the retiree UCInetID online here: https://ucinetid.service.uci.edu/retiree

Sincerely,

Emil Nguyen Operations and Programs Analyst





### IN-PERSON EVENTS - REGISTER NOW!

UCI Health - The New Hospital and Medical Complex



# Friday, July 14, 2023 2:30 p.m. - 4:00 p.m. 5141 California Ave, Irvine, CA 92617

Join our afternoon presentation on the new UCI Health hospital and medical complex, bringing a transformative model of wellness for you and your families. Dr. Andrew Reikes and Dr Simin Torabzadeh will be our presenters with a particular focus on unifying primary care to become a one-stop-shop for your family's healthcare needs and on the latest developments in geriatric care.

Light refreshments will be available. Complimentary parking throughout the location.

REGISTER HERE



Tuesday, August 8, 2023 11:00 a.m. - 12:00 p.m. Newkirk Alumni Center - 450 Alumni Ct. Irvine, CA 92697

UC requires Medicare-eligible retirees who are covered by UC's retiree health plans to enroll in Medicare when they turn 65, so if you are turning 65 in the next calendar year, it is time to start planning. This workshop will explain the

basics of Medicare to help ensure that you enroll properly, avoid Medicare premium penalties and understand how Medicare works with your UC-sponsored medical plan. Don't miss out on this informative presentation!

You can review the UC Medicare Fact Sheet: <a href="https://ucnet.universityofcalifornia.edu/forms/pdf/medicare-factsheet.pdf">https://ucnet.universityofcalifornia.edu/forms/pdf/medicare-factsheet.pdf</a> or contact the Retirement Administration Service Center at (800) 888-8267.

REGISTER HERE



#### Thursday, August 10, 2023 10:00 a.m. - 12:00 p.m.

18881 Von Karman Avenue, Suite 100 Irvine, CA

Indefinitely Wild explores how the early history of environmental conservation in California might have influenced the state's Impressionist painters. In the late 19th and early 20th centuries, as the final chapter of westward expansion unfolded, these artists witnessed how California's tremendous population growth and industrialization depleted its natural resources.

They also observed concurrent efforts to protect California's wild spaces. Their paintings of the region's glorious mountains, forests, rolling hills, rivers, and coastlines can help viewers discern how these artists considered humans' relationship to nature at such a transformative moment in the state's history.

After a short overview of the exhibit and the museum by an expert, you will be free to view the exhibit on your own. Gallery guides will be available to answer questions and add information.

To learn more about the exhibit, click here.

Cost: Free

**Capacity:** 20. We expect this to fill quickly! **Parking:** Free with validation at museum

**Activity level: Moderate** 

Register by August 1

**REGISTER HERE** 

#### **UPCOMING WELLNESS and OUTDOOR EVENTS!**

#### JULY 2023 Hikes, Walks, and Bike Rides

Wednesday, July 12

Wednesday, July 19

Wednesday, July 26

<u>Hike - Peters Canyon Regional</u> Park Walk - Jeffrey Open Space Trail (newly updated route)

Bike Ride - Los Olivos Park to Back Bay

**REGISTER HERE** 

REGISTER HERE

**REGISTER HERE** 

# UCI Retirees-Emeriti fighting Cancer and Multiple Sclerosis!

Oct. 7<sup>th</sup> (Sat.) UCI Anti-Cancer Challenge, (walk, run or bike) with our Retirees & Friends team by

clicking on the link below. We also welcome your friends and family members. https://www.anti-cancerchallenge.org/Team/View/173560/UCI-Retirees-Friends

Oct. 14 & 15<sup>th</sup> (Sat. & Sun.) Multiple Sclerosis Bike Ride mission is to cure MS while empowering people affected by MS to live their best lives. Join our UCI And Friends Team here: <a href="UCI and Friends-Fundraising For National MS Society">UCI and Friends-Fundraising For National MS Society</a> (donordrive.com)

Ride 25 miles, 50 miles, 75, 100 or 150 miles – your choice – with beautiful coastline views, great food and music!





Raise at least \$100 and receive one of our cool shirts/jerseys!

#### ONLINE AND VIRTUAL PROGRAMS



#### Summer 2023 YogaTuesday/Thursday

Cost: FREE!

When: Starting July 6 thru September 7 Time: 9:00 a.m. to 9:50 a.m. PST

Location: Virtual/Online via Zoom

This yoga class is geared toward both the beginner and experienced practitioner interested in a gentle practice. Each class will end with a period of relaxation.

**REGISTER HERE** 

#### FREE FINANCIAL WELLNESS CHECK-UP APPTS.

**Wednesday, July 26** - Fidelity: Financial Wellness Wednesday 1-on-1 Appointments

Jason Walters, CRPC

Workplace Financial Consultant



Time: 1-hour slots between (11 a.m.- 3 p.m.) PST Location: In-person or Virtual/Online via Zoom

Schedule an appointment with Jason Walters, a Fidelity Workplace Financial Consultant, to discuss your retirement account(s), savings, MRD, and almost anything in-between.

EMAIL TO SCHEDULE



Jason Walters, CRPC Workplace Financial Consultant Fidelity Investments

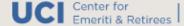
### SAVE THESE DATES - UPCOMING EVENTS

• September 12th - New Retirees/Emeriti Welcome Event at the UCI Pub.

• October 16<sup>th</sup> - Annual Reception Honoring UCI Emeriti and Retirees







Center for Newkirk Alumni Center, 450 Alumni Ct., 2nd Floor, Irvine, CA 92697
Emeriti & Retirees Phone: 949-824-7769 Fax: 949-824-7383 retirees@uci.edu http://retirees.uci.edu