

CONNECTIONS NEWSLETTER

Interdisciplinary / Multicultural / Multigenerational

MESSAGE FROM JERI

Dear UCI Retirees, Emeriti, spouses, and friends,

In this Connections Newsletter we have a great variety of in-person and online offerings.

We hope to see you at our [Oct. 16th Annual Reception](#) at the beautiful Beckman Center, where Chancellor Gillman will provide a campus and medical center update and the appetizer refreshments never disappoint. We will livestream the event. A postcard invitation will arrive in the mail to you soon.

Join us for the New Retirees/Emeriti Welcome Social at the UCI Pub, or for a bike, walk or hike, free financial check-up services (available online and in-person), an online Gavin Herbert Eye Institute lecture, volunteer for [Freshman Move-In Day](#) and more!

Our efforts to support life-changing Cancer and Multiple Sclerosis (MS) research and services continue. Many of us have had to go through the painful journey with friends and loved ones. Join our UCI Retirees & Friends Teams for the [UCI Anti-Cancer Challenge](#) walk, bike or run on Oct. 7th and the [UCI and Friends - National MS Society Cycling for a World Free of MS](#) event on Oct. 14 & 15. Funds raised from these almost entirely volunteer-run events go directly to MS research and services.

Read on!

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Jeri I. Frederick
Director



IN-PERSON EVENTS - REGISTER NOW !



Tuesday, September 12, 2023

2:00 p.m. - 4:00 p.m.

The Anthill Pub - 215 Pereira Dr, Irvine, CA 92697

ALL RETIREES INVITED (feel free to bring a guest or spouse) to the New Retirees Social! Help welcome our newest retirees to their new normal.

The UCIRA will host appetizers & non-alcoholic drinks; beer and wine also available at the Anthill (UCI) Pub. Parking is **FREE**. Mention the name of the event at the Student Center Parking Structure (SCPS) kiosk.

Cost: Free

Parking: Free at the SCPS

Activity level: Casual

REGISTER FOR RETIREES SOCIAL



Monday, October 9, 2023

10:00 a.m. - 11:00 a.m.

Newkirk Alumni Center - 450 Alumni Ct. Irvine, 92697

Speaker: Jessica Drew de Paz, Psy.D., UCI Susan Samueli Integrative Health Institute

Join us to explore ways to cultivate wellbeing with mindfulness. Evidence-based practices will be shared, demonstrating how these methods can easily be integrated into our busy lives, both at home and out in the world.

Jessica Drew de Paz, Psy.D. serves as both Director of Mindfulness Programs and as a clinical psychologist at UCI's Susan Samueli Integrative Health Institute, where she also conducted research on mindfulness and safety in the workplace. She earned her doctorate in clinical psychology at California School of Professional Psychology with an emphasis on multicultural community issues. She is trained in mindful schools and mindfulness based cognitive therapy.

Cost: Free
Register by September 29
Parking: Lot 14 at the Newkirk Alumni Center
Activity level: low

REGISTER FOR MINDFULNESS

FREE FINANCIAL WELLNESS CHECK-UP APPTS.

Wednesday September 27 - *Fidelity: Financial
Wellness Wednesdays 1-on-1 Appointments*

Jason Walters, CRPC

Workplace Financial Consultant

Time: 1-hour slots between (11 a.m.- 3 p.m.) PST

Location: In-person or Virtual/Online via Zoom

Schedule an appointment with Jason Walters, a Fidelity Workplace Financial Consultant, to discuss your retirement account(s), savings, MRD, and almost anything in-between.

EMAIL TO SCHEDULE



Jason Walters, CRPC

Workplace Financial Consultant
Fidelity Investments



Monday, October 16, 2023

2:00 p.m. - 4:30 p.m.

Beckman Center - Irvine, 92697

Speaker: Chancellor Howard Gillman

Thank you for your contributions to the UCI campus and medical center!
Join us at the Beckman Center for our Annual Reception to honor YOU.

Chancellor Howard Gillman will give a campus update and answer your questions.

Cost: Free

Register by October 9

Parking: Free at the Beckman Center parking lot

Activity level: Casual

RSVP TO THE RECEPTION



**NASA's Jet Propulsion Laboratory (JPL) With Old Pasadena
SPECIAL TOUR OPPORTUNITY**

Friday, October 27, 2023

7:15 a.m. (departure) - 4:15 p.m. (return)

Jet Propulsion Laboratory - Chartered Bus Transportation

Embark on a journey of discovery at NASA's Jet Propulsion Laboratory. JPL's Pasadena campus is NASA's lead center for robotic exploration of our solar system. From Explorer and Voyager to Cassini and the Mars rovers, the majority of unmanned spacecraft and robots sent into space were designed and built here. Since its beginnings in the 1930s, it has become a mecca to rocket scientists and space enthusiasts. On this in-depth, 2-hour guided walking tour of the campus, we'll learn about JPL's history, accomplishments, current and future missions while exploring this historic site. While each tour is slightly different because JPL is an active working facility, previous tours have visited the von Kármán Visitor Center, the Space Flight Operations Facility, and the Spacecraft Assembly Facility.

After the tour, enjoy time at leisure for browsing and lunch on your own in Old Pasadena, Pasadena's charming and historic "downtown" which is full of interesting eateries and shops.

It took us a year to secure a date, so don't miss this amazing opportunity!

Cost: \$99 per person (includes gratuity for tour director and bus driver)

Capacity: 49 (will sell out quickly)

Activity level: This tour involves extensive walking.

Register by September 25

[REGISTER FOR JPL](#)



the
Barclay
Irvine Barclay Theatre
CHENG HALL

UCI EMERITI & RETIREEES AT THE BARCLAY

Irvine Barclay Theatre welcomes members of the UCI Emeriti & Retiree community to experience a night out at Irvine Barclay Theatre.

Enjoy 20% off the events below by using promo code **EMERITI20** when purchasing by phone or online.

MONTY ALEXANDER
Thursday, September 28, 2023
8:00 p.m.
Irvine Barclay Theatre

“Audiences find Monty Alexander’s music instantly accessible, exciting and exhilarating, and they quickly warm to it and respond to it.”
— *Billboard*

Nearly sixty years after moving to the United States from his hometown in Kingston, Jamaica, Grammy-nominated pianist [Monty Alexander](#) is a jazz legend, touring the world relentlessly with various projects, delighting a global audience with his vibrant personality and soulful musical messages.

Promo code: EMERITI20

BUY JAZZ TICKETS

PIAF! THE SHOW
Friday, November 3, 2023
8:00 p.m.
Irvine Barclay Theatre

As part of a world tour honoring the 60th year since Edith Piaf’s sudden passing at a young age, Piaf! The Show, a musical celebration of the life and music of the legendary French chanteuse, returns to the Barclay.

Directed by theatrical maverick Gil Marsalla, and starring the stunning French songstress, Nathalie Lhermitte, in the title role, Piaf! The Show is inspired by the Academy Award-winning film *La Vie En Rose* and Marion Cotillard’s moving portrayal of Edith.

Promo code: EMERITI20

BUY PIAF! TICKETS

UPCOMING WELLNESS and OUTDOOR EVENTS!



UCI Retirees-Emeriti fighting Cancer and Multiple Sclerosis!

UCI Retirees Outdoor Wellness Activities + Training Rides

Saturday, Sept 16

Bike Ride

Vintage Jersey Training Ride

EMAIL RSVP

Thursday, Sept 28

[Bike Ride](#)

[Dana Pt to San Onofre](#)

REGISTER

Oct. 7th (Sat.) UCI Anti-Cancer Challenge, (walk, run or bike) with our Retirees & Friends team by clicking on the link below. We also welcome your friends and family members.

<https://www.anti-cancerchallenge.org/Team/View/173560/UCI-Retirees-Friends>

Oct. 14 & 15th (Sat. & Sun.) Multiple Sclerosis Bike Ride mission is to cure MS while empowering people affected by MS to live their best lives. Join our UCI And Friends Team here: [UCI and Friends - Fundraising For National MS Society \(donordrive.com\)](#) Ride 25 miles, 50 miles, 75, 100 or 150 miles – your choice – with beautiful coastline views, great food and music!



Raise at least \$100 and receive one of our cool shirts/jerseys!

SAVE THESE DATES - UPCOMING EVENTS

- **October 25th** - *UCI Retirees Pickleball* at the ARC



Wednesday, November 1, 2023

10:00 a.m. tee time

Arroyo Trabuco Golf Club, Mission Viejo

Enjoy a day on the links with other UCI retirees on Wednesday, November 1, 2023 at Arroyo Trabuco Golf Club in Mission Viejo. Five tee times have been reserved for a total of 20 players beginning at 10:00 a.m. at a special rate of \$80 per player including 18-hole green fees and a shared cart. Last tee time is at 10:40 a.m. Prepaid registration is now open. Register yourself and then you can identify other members of your foursome, if any.

Cost: \$80 per player

Activity level: Active

Tee times will be provided to each foursome two days prior to the event.

NO REFUNDS after October 17, 2023

REGISTER FOR GOLF



Center for
Emeriti & Retirees

Newkirk Alumni Center, 450 Alumni Ct., 2nd Floor, Irvine, CA 92697
Phone: 949-824-7769 Fax: 949-824-7383 retirees@uci.edu <http://retirees.uci.edu>