

OCTOBER 2019

HIKES / WALKS / BIKE RIDES



Please RSVP to retirees@uci.edu or 949-824-7769 at least one day prior to the scheduled event. These hikes offer retirees, emeriti and their guests the opportunity to explore local parks and trails. We'll provide the group leader. Bring water, sunscreen, camera and a hat.

Note: rains may necessitate cancellation due to park closure.



BIKE RIDE October 15

Newport to Sunset Beach - (9:00 am)

We'll take the Santa Ana River Trail under PCH and head north on the bike/pedestrian trail towards Huntington Beach for a 20 mile out and back ride along the coast. The ride will turn around at the Water Tower at Sunset Beach and follow the same route back. This flat ride is geared towards all cycling levels. Helmets required on all rides. Riders are responsible for carrying their own water, snacks, and spare tubes.

Meet in front of the Frog House Surf Shop (6908 W Coast Hwy).

<https://www.google.com/maps/place/Frog+House/@33.6291458,-117.9554857,17z/data=!4m8!1m2!3m1!2sFrog+House!3m4!1s0x0:0xabb7a3ec4ad70fc1!8m2!3d33.629146!4d-117.953297>

CLICK HERE TO
RSVP ONLINE

Parking Info: Free parking along side streets around the Frog House.



WALK October 18

Aliso Creek Trail - (9:30 am)

Meet in the parking lot of the LA Fitness at 29400 Portola Pkwy in Lake Forest for a 6 mile out and back walk on a paved trail to Cook's Corner. There is a slight uphill on the way out and steady downhill on the way back. Due to the distance, this walk is considered "moderate"; however, as an "out and back" walk, you may turn back at any time.

Free parking in the LA Fitness lot. Please bring water and sun protection.

CLICK HERE TO
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